

# Vidyanjali's Bugle



## Principal's Note

*"Only One Earth" Let's do our part to save it!*

The co-curricular activities of the new academic year kicked off with the celebration of World Environment Day to create awareness about leading a sustainable life on the Earth. Yoga Day reinvigorated the thought that Yoga increases body awareness & mindfulness. Talents Week gave opportunities for children to discover what they are good at and boost the confidence to showcase their talents. Orientation programs facilitated parents to gain insights about the Vision, Mission and functioning of the school.

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WORLD  
ENVIRONMENT  
DAY

EAT YOUR  
VEGETABLES DAY

2

YOGA DAY  
TALENTS WEEK

3

PARENT  
ORIENTATION  
PROGRAMS



## Editors

Meena Reddy

Ramya Shekar

Monalisa Ghosh

## Up-coming Events

- Ms & Mr Persona
- Bakrid Celebration
- PEC
- Parent Participation Program
- Going-Out

## World Environment Day

*Ramya Shekar (Montessori Teacher)*

World Environment Day was celebrated to raise awareness in children about various environmental issues like global warming, deforestation, pollution caused by plastics, accumulation of non-Bio-degradable waste etc., and to emphasise the necessity for waste segregation and the importance of 4R's - Refuse, Reduce, Reuse and Recycle.



To add impact to the celebration, age-appropriate activities like sowing seeds, making bags using old T-shirts and newspapers, Segregation of waste, self-watering plant holders and making bird feeders were conducted for children up to class III. Children enjoyed the activities with great zeal and fervour.



Students of grades VIII to X took the initiative to perform a skit depicting how tragic the future could become if we didn't step up now and care for the one Earth that we have been gifted with. Student themselves scripted, directed and gave the musical background to this performance.

## Eat Your Vegetables Day

*Ramya Shekar (Montessori Teacher)*

Vegetables are probably the healthiest things one can eat. It is said that, the more colourful the meal, the healthier it is. So, to make the plate colourful with lots of vegetables and encourage and build awareness towards the importance of



eating vegetables, Pre-Primary Montessori and Foundational Stage Prep-2 & 3 children celebrated "Eat Your Vegetables Day" on 17<sup>th</sup> June 2022.

Children of different age groups performed various activities like vegetable printing, stereognostic activities using vegetables and salad making. The teachers created a model vegetable market in the environment and

children experienced the buying of vegetables from a vendor at the market. All children participated actively.



## Yoga Day

*Monalisa Ghosh (CBSE Teacher)*

The 8<sup>th</sup> International Yoga Day was celebrated enthusiastically on 21<sup>st</sup> June. A special yoga



session was conducted by expert yoga trainers from the prestigious Patanjali Yogapeeth, Hebbal. The session was conducted for students of VI to X std, teachers and parents to create a wave of awareness towards Yoga and it's the benefits. The trainers instructed the students and helped them to perform mass yoga. The impact the Yogic Mudra was explained during the performance.

All together the event turned out to be a huge success with the enthusiastic participation of students, teachers and parents.



Two sessions were conducted for Primary Montessori students on 22<sup>nd</sup> June by a certified yoga trainer Mrs Santosh Batra. The children keenly enjoyed getting the postures correctly.

## Talents Week

*Monalisa Ghosh (CBSE Teacher)*

*Talent is nothing more than a pursued interest*

This was witnessed during the Talents Week conducted from 27<sup>th</sup> to 30<sup>th</sup> June 2022. Children came forward enthusiastically to exhibit their hidden talents. All children participated in at least two of the events designed according to their age and abilities. There was a plethora of events to choose from - be it Fancy Dress competition, Paper craft, News Reading, Radio



Jockey, Shark Tank, Mono Act, Stand-up

Comedy etc. Children and teachers had a busy week participating and enjoying various events.



The winners list was published on the day of the event. Certificates were awarded to the winners in different categories. Altogether Talents Week was a gala event, it came out successful due to the active participation of the children and encouragement from the parents.

## Parent Orientation Programs

*Monalisa Ghosh (CBSE Teacher)*

To develop globally competent and socially responsible students, the mindsets of the teachers and parents should be aligned. Therefore, the Parent Orientation Program was conducted in different phases for all classes. For classes VI to X std, it was conducted on the 11<sup>th</sup> of June and for classes I to V it was conducted on the 25<sup>th</sup> of June.

Parents were oriented about the XSEED curriculum that is being followed for the students of I - VIII std CBSE. Parents were also

informed about the resuming of Creya, Karate, Saturday Clubs.

The Montessori Orientations conducted by Dr Rekha Reddy covered the benefits of Montessori method over the traditional teaching methods, the importance and necessity of mixed age group and importance of freedom within the



boundaries of the environments. Ms Swathi explained the nuances of using multiple materials to explain each concept in the Primary Montessori curriculum.



Pre-primary parents were made aware of the stages of development and the impact that Montessori environment can have on their growth.