

Vidyanjali's Bugle



Principal's Note

What makes a school truly special? A team that grows together and a community that connects and celebrates together.

Sammilana beautifully captured the spirit of togetherness at Vidyanjali, bringing our staff and their families together for an evening of joy, warmth, and camaraderie. Students observed National Doctors' Day, participated in enriching Going Outs, explored awareness through World Zoonoses Day, and celebrated Friendship Day through kindness, sharing, and caring for one another. The Parent Presentation offered a hands-on, child's-eye view of the Montessori environment. The successful NABET Surveillance Assessment reaffirmed our commitment to quality, continuous improvement, and excellence in education.

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NATIONAL DOCTOR'S DAY
PARENT ORIENTATION
SAMMILANA

2

WORLD ZOONOSSES DAY
GOING OUT

3

FRIENDSHIP DAY
MONTHLY READING CORNER



Editors

Ms Anjori

Ms. Aneena

Mrs. Saranya

Dr. Sathyaa

Up-coming Events

- Independence Day Celebration
- Parent Involvement Day
- MUN
- Scientific Memory Workshop
- Career Guidance Programme
- Going Out
- Onam Celebration
- National Handloom Day
- Autumn Equinox Day
- Parent Empowerment Day

National Doctor's Day

Saranya (Montessori Teacher)

"Educating young minds to value wellness today builds a healthier, more compassionate society tomorrow."



National Doctor's Day was celebrated on Wednesday, 1st July, 2026, for all students in Prep 1 & 2, and Grades I to III. Designed to foster personal health awareness, wellness habits, and civic gratitude among young learners, the occasion brought practicing healthcare professionals into classrooms to deliver interactive, age-appropriate instruction on dental hygiene, balanced nutrition, digital wellness, and basic first aid.



The morning sessions commenced in Room B107,

where Prep 1 and Prep 2 students welcomed Dr. Manjusha Nambiar, Associate Professor in the Department of Periodontics at Sri Rajiv Gandhi College of Dental Sciences, accompanied by assistant educators Ms. Dhivya and Ms. Varshini.

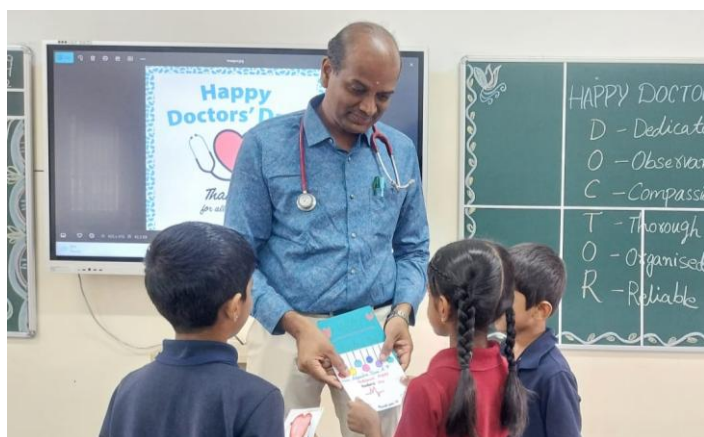


Concurrently Dr. Pavan Kumar B—an orthodontist at SB Orthodontics and Dental Clinic with 17 years of clinical experience—hosted Grade I. Dr. Pavan Kumar B explained tooth anatomy and function, highlighted the importance of brushing twice-daily and regular checkups, and led an interactive discussion on oral hygiene.



Following the discussion, the children reinforced

these lessons by completing a coloring-based worksheet activity focused on long-term dental care. To show their appreciation, the students presented Dr. Pavan with handcrafted thank-you cards.



Grade II students attended a session on dietary health and lifestyle habits, led by Dr. Sudarshan, MBBS, Administrative Medical Officer at Cholanayakanahalli Urban Primary Health Centre. He explained the components of a balanced meal—focusing on fruits, vegetables, whole grains, proteins, and hydration—while highlighting the physiological risks of consuming junk food.



After the talk, the students took part in a practical Healthy Food Bowl activity, where they created their own nutritious meals using various food groups. They learned how different foods support growth and well-being before enjoying their custom bowls as a healthy snack. To conclude the session and express their gratitude, the students presented Dr. Sudarshan with a thoughtful gift.



Grade III students gathered in their classroom for an extensive session delivered by Dr. Shabin Taj MBBS, MD Pharmacology. Dr. Taj further explained the holistic pillars of health, outlining the roles of carbohydrates, proteins, fats, vitamins, regular exercise, and adequate sleep.



The program concluded with a practical first-aid demonstration, where Dr. Taj illustrated proper wound management—including washing with soap and water, applying antiseptic, drying, and placing a bandage. Under direct guided supervision, students applied Band-Aids to one another to gain practical familiarity with basic medical care.

Parent Presentations

Satyaa (Montessori Teacher)

On Saturday, 4th July 2026, the school hosted the Term I Montessori Parent Presentations across the Primary and Lower Elementary environments.



Parents of I-Year children explored foundational Practical Life exercises—such as rolling and unrolling a work mat, placing a chowki, and sponging—alongside Sensorial and Language tools like the Cylinder Blocks and Object Boxes. The II-Year showcase focused on building concentration, visual-spatial reasoning, and early literacy through Constructive Triangles, Static Bead Material, advanced Practical Life exercises,

and the Movable Alphabet. Demonstrating higher-level mathematical and linguistic synthesis, the III-Year presentation featured the Snake Game for addition, the Stamp Game for subtraction, Open Sounds, and Kannada Gunitaakshara.



In the Lower Elementary environment, extensive preparation—including weeks of collaborative planning, presentation practice, and environment design—culminated in an immersive exploration of Geography, Geometry, and Arithmetic.

The event concluded with an interactive Q&A session where parents discussed concept progression across grade levels, lesson timelines, and advanced mathematical extensions within the curriculum.

Sammilana

Aneena (CBSE Teacher)

On Saturday, 4th July, 2026, the institution hosted Sammilana 2026, a dedicated staff family get-together, to strengthen community bonds and honour the support systems behind the staff. The gathering was held in fond memory of late Ms. Shruthi L. Reddy. The gathering opened with a



warm welcome and a heartfelt tribute video in loving memory of late Ms. Shruthi L. Reddy, followed by an address by Dr. S Rekha Reddy on community and togetherness. The atmosphere soon shifted to lively celebration with an energetic group warm-up session. Families enjoyed engaging rounds of Housie and Musical Chairs, while dedicated interactive games kept the children entertained. Every child received a return gift, and game winners were awarded prizes, adding to the evening's delight.



The event concluded, leaving the staff feeling deeply valued, revitalized, and grounded in a strong sense of belonging and mutual respect.

World Zoonoses Day

Satyaa (Montessori Teacher)

The Montessori Lower Elementary observed World Zoonoses Day on Monday, 6th July, 2026, through an interactive awareness programme focused on public health, animal welfare, and environmental stewardship. The initiative aimed



to educate students on zoonotic diseases, infections transmitted from animals to humans while emphasizing the critical role of preventive healthcare in daily life. The session opened with a narrative on the development of the first vaccine, providing children with historical context on how immunization stops the spread of infectious diseases. Facilitators then introduced core concepts of personal hygiene, responsible pet care, and safe practices when interacting with animals. A central focus of the discussion was the "One Health" framework, which illustrates how human, animal, and environmental well-being are intrinsically linked. Through an engaging question-and-answer segment, students actively

explored topics such as disease transmission vectors, animal health maintenance, and community vaccination efforts. By connecting everyday habits with broader ecological safety, the event successfully instilled a foundational understanding of preventive medicine, responsible citizenship, and the interconnectedness of living organisms.

Going Out

Saranya (Montessori Teacher)

On Wednesday, 22nd July, 2026, the Montessori Primary children visited the Namma Bengaluru Aquarium and Cubbon Park. At the aquarium, the children observed a wide variety of marine life, including clownfish, lionfish, jellyfish, and discus fish. Guided observations allowed them to identify colors, patterns, and physical characteristics such as fins, tails, and scales, significantly enhancing their aquatic vocabulary.



The visit continued at Cubbon Park, where students explored lush greenery, towering trees,

flowering plants, birds, and butterflies. By engaging their senses to observe leaf structures, tree bark, and natural sounds, the children strengthened their awareness and appreciation of the natural environment.

On Friday, 31st July, 2026, Prep I & II students participated in a nature hike at Anandagiri Betta. During the excursion, the children gained an understanding of spatial perspective by observing how buildings and structures appear smaller when viewed from higher elevations. They were introduced to the Banyan tree, India's national tree, and examined its distinct aerial prop roots.



Through exploration, the students learned to differentiate between trees and smaller plants, compare rocks and stones, and distinguish between smooth and rough textures. The hike encouraged outdoor confidence while seamlessly linking classroom concepts to tangible, real-world surroundings.

From 20th to 22nd July 2026, Montessori Lower Elementary students in Grades I, II, and III visited Cubbon Park for a structured environmental study guided by facilitators from Green Venture

Nature Explorers. Through hands-on exercises like the Nature Colour Wheel activity, the children collected and categorised natural materials to sharpen their observation skills and appreciate natural colour variation.



The curriculum highlighted complex ecological relationships, introducing students to weaver ants, fig wasps, *Mimosa pudica* (Touch-me-not plants), and Banyan trees, alongside the essential role of fungi in decomposition and nutrient recycling.

NABET Surveillance

Anjori (CBSE Teacher)

The Virtual NABET Annual Assessment was conducted on Thursday, 30th July 2026, led by QCI assessors Dr. Sheela Ragavan and Ms. Diana Isabel. The school team presented academic, administrative, and operational processes to evaluate compliance with quality standards. Demonstrating full cooperation, the institution seamlessly completed this key milestone in its ongoing commitment to educational excellence.

Friendship Day

Sathyaa (CBSE Teacher)

The Montessori Lower Elementary celebrated Friendship Day on 31st July, 2026, conducting a series of interactive activities focused on kindness, empathy, and community building.



The event commenced with a brief discussion on the origins of Friendship Day and the core attributes of positive relationships. Students across Grades I, II, and III participated in group sing-alongs before crafting custom friendship bands from colorful wool to exchange with their peers.

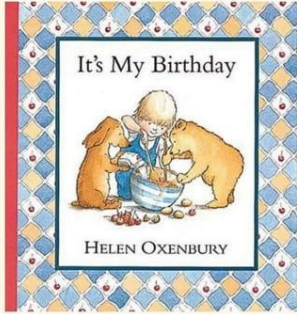
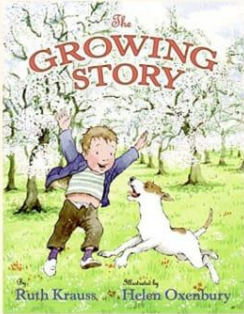
To deepen their engagement, the children completed a creative writing exercise reflecting on compassion and mutual respect. The celebration successfully reinforced the Montessori emphasis on social harmony, collaboration, and character development in a concise, practical setting.

Monthly Reading Corner

Ms Swathi L Reddy (Montessori Director, Vidyanjali Academy for Learning)

Welcome to this month's Reading Corner! For July, we have curated a wonderful selection of interactive, rhythmic, and beautifully illustrated books designed to spark imagination and encourage a love of reading.

Here are the top picks for the month of July to get your little ones hooked:

★ ★ READING CORNER TARGET AGE GROUP: 2 - 3 YEARS IT'S MY BIRTHDAY BY HELEN OXENBURY  TARGET AGE GROUP: 3 - 4 YEARS  THE GROWING STORY BY RUTH KRAUSS (AUTHOR), HELEN OXENBURY (ILLUSTRATOR)	★ ★ READING CORNER TARGET AGE GROUP: 4 - 5 YEARS  IF THERE WAS ONE PLACE I COULD BE BY KALPANA SUBRAMANIAN (AUTHOR), PRASHANT MIRANDA (ILLUSTRATOR)
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Happy Reading! Keep an eye out for next month's edition, where we will explore exciting new titles for growing readers.