

Vidyanjali's Bugle



Principal's Note

"Behind every confident child are a school and family that believe in them!"

The school welcomed newly admitted students and parents during the "Meet and Greet" with a campus tour and cheerful interactions with the staff. Teachers participated in enriching training sessions that empowered them with the skills and mindsets needed to nurture student learning and well-being. *Anusandhaan 2025*, the Action Research Conference, inspired strategies to support students in academics and behaviour. A visit to Japan sparked a new initiative promoting mindful habits, encouraging students and staff to grow into socially responsible citizens.

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AN ARTICLE BY DR S
REKHA REDDY:
LESSONS FROM
JAPAN



Editors

Mrs Poornima N

Ms Angela Molly

Mrs Ramya P

Ms Sheryl Patrick

Up-coming Events

- World Environment Day
- Parent Orientations
- Bhoomi Habba
- Talents Week
- Ms and Mr Persona
- International Yoga Day
- Sannilana

Summer Camp 2025

Sheryl (CBSE Teacher)

From April 1st to 15th, Vidyanjali came alive with laughter, creativity, and high energy as students aged 8-14 participated in an exciting summer camp. Designed to offer a perfect blend of fun and learning, the camp gave students a memorable break from routine while helping them stay active and engaged.



Under the enthusiastic guidance of Mr Girisha, Ms Bhagyashree, and Mr Raveendrachari, the campers explored a wide range of activities. Mornings began with invigorating outdoor games that encouraged teamwork, agility, and sportsmanship. Art and craft sessions added a splash of colour to each day. With paper, paints, and boundless imagination, students created beautiful handmade pieces, learning new techniques while expressing their unique ideas. From warm-up routines to stretches and simple workouts, each day brought a new way to move and feel good. The camp offered a refreshing change from classroom learning and created a

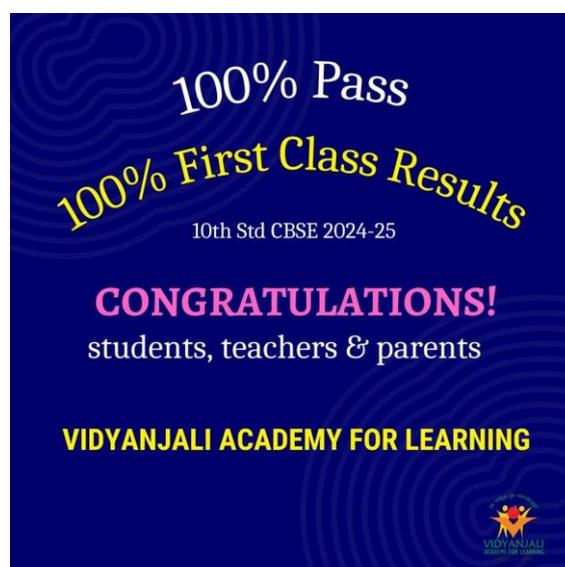
space where students could explore their interests, bond with peers, and develop new skills.



Celebrating Excellence

Angela (CBSE Teacher)

Vidyanjali Academy for Learning proudly celebrates a phenomenal achievement—100% pass and 100% first-class results and 66% distinction in the CBSE 10th Board Exams (2024–25). With Anish Kumbar securing 96.6% and a centum in Science, and several others scoring above 90%, our students have truly shone bright. This milestone reflects the unwavering efforts of our students, the dedication of our teachers, and



the constant support of parents. Each success story is a step forward in our journey of holistic learning. Congratulations to the entire Vidyanjali Family – let's continue to learn, lead, and shine together!



Staff Trainings

Angela & Sheryl (CBSE Teachers)

The staff of Vidyanjali began the academic year 2025–26 with the energy of reflection, learning, and purpose. From Monday, 19th May 2025, the campus welcomed its educators to a week-long series of trainings and workshops, carefully designed to inspire, equip, and align them with the school's mission of nurturing excellence with heart.

The first day began with an orientation session led by Director Dr S Rekha Reddy, who invited teachers to look inward and reconnect with their purpose as educators. Through thoughtful interactions and engaging activities, she brought

to light the school's core values and beliefs, reminding everyone of the traits that define an ideal team player – humble, hungry, and smart. Teachers were encouraged to embrace these qualities in their everyday practice, both inside and outside the classroom.



Later that afternoon, Principal Mrs Vijayalakshmi N took the stage, articulating the school's academic vision for the year ahead. The clear explanation of school policies and expectations provided the staff with direction and structure to begin the year with confidence and unity.



A second orientation session once again led by Dr Rekha Reddy took a more reflective turn. Titled "Good to Great," this session emphasised the idea

of teaching from the heart. Teachers were encouraged to focus not just on perfect delivery or academic performance, but on building meaningful connections with students.



The essence of the message was simple yet powerful—authentic presence, passion, and sincerity leave a lasting imprint on young lives. The orientation closed on a note of celebration, honouring the unique ability of teachers to reach beyond the curriculum and into the hearts of learners.

The momentum carried forward into Tuesday, 20th May, with a deeply insightful workshop on “Understanding Adolescent Behaviour”, led by renowned adolescent health specialist Dr Preeti M Galagali. With warmth and clarity, she guided the faculty through the emotional, psychological, and social complexities of adolescence. The session brought empathy to the forefront, reminding educators of the importance of being not just instructors but also safe and responsive adults in their students’ lives.



Simultaneously, a two-day Montessori training was conducted on the 20th and 21st of May for all Montessori teachers. Dr Rekha Reddy led these sessions, focusing on the preparation of a Montessori environment, methods of observation, and authentic assessment practices. The training reinforced the importance of independence, observation, and child-led learning in the early years, equipping teachers with practical strategies for maintaining the integrity of the Montessori method.



A dynamic workshop on Classroom Management was held on Wednesday, 21st May, by Mrs Indra Vijayakumar. The session explored the importance of classroom management, covering topics such as time management, student development, and curriculum completion.

Techniques to handle disruptions, maintain attention, and reinforce rules creatively were discussed. A case study helped participants understand and cater to different learning styles—visual, auditory, reading/writing, and



kinesthetic.

On Thursday, 22nd May, the focus shifted to professional values, with a session on the ethics of teaching conducted by Dr H S Ganesh Bhatta, Consultant and Former Principal of MES Teachers College. He spoke about the central pillars of the teaching profession—respect, honesty, and integrity. Through anecdotes and lived experiences, he inspired teachers to uphold ethical standards in their work and to model the very values they wish to instil in their students. It was a session that reminded everyone that



education is not only about knowledge, but also about character.



The week concluded with a powerful session on NEP 2020 and NCF 2023, led by Dr Sujatha Girish, Founder Principal of Daffodils Foundation for Learning and CBSE Master Trainer. The workshop was marked by energy and enthusiasm as teachers participated in interactive activities and group discussions. The session unpacked the key features of the new policies—flexibility, inclusivity, and student-centric learning—and offered practical strategies for integrating these into daily classroom practices. It was a fitting end to a week that was not only informative but also transformational.

The following Monday, 26th May, marked the start of focused sessions on technology and innovation. A Creya training session was held for all Creya teachers involved in the program. Led by Mrs. Madhavi, the workshop introduced a new module—Figma—for students of Grades 5 and 8. Teachers revisited previous modules, shared insights, and collaboratively explored the Creya Capstone Challenge.

The next day, Tuesday, 27th May, saw two more enriching sessions. One focused on the Senses Board, a learning tool designed to enhance sensory engagement in the classroom. The second was a training on Microsoft Excel, empowering teachers with data organization and analysis skills to make their work more efficient and structured.



The training series ended on a note of safety and responsibility with a fire extinguisher and first aid training conducted on Thursday, 29th May. Organised by the school's fire safety department and led by Physical Education teacher Mr. Girisha, the session educated staff on the different types of fires, the corresponding extinguishers, and practical techniques for using them effectively. Teachers were also shown how to assist someone during a fire emergency, with hands-on demonstrations making the session both engaging and essential.

The training period at VAL was a reflection of what the school values most—purposeful

teaching, continuous learning, and heartfelt leadership. Every session served to reaffirm the shared mission of the staff: to grow together, teach with integrity, and inspire every student who walks through the school's doors.

Meet and Greet

Ramya (Montessori Teacher)

"Meet and Greet is the first step in building a strong school-family connection."

Saturday, 24th May, 2025, marked a special occasion for the school community as newly admitted students and their parents were welcomed during a joyful 'Meet and Greet' event held in the school auditorium. The event commenced with a heartfelt address by the Director, Dr S Rekha Reddy, who shared the institution's vision and mission. She emphasized the importance of holistic development, the nurturing environment the school strives to provide, and the need for a strong partnership between the school and families to support every child's growth. Following her inspiring speech,



teaching and the non-teaching staff introduced themselves, creating a warm and welcoming atmosphere. Parents and children were then taken on a comprehensive campus tour.



As the children eagerly explored their new classrooms, parents had the opportunity to admire the school's beautiful infrastructure, modern facilities, and serene green spaces. Later in the day, Mrs Varsha Kamakshi J B, Admin Manager explained the fee payment process and guided parents on how to access Edumerge, helping them feel confident and informed about using the platform. The 'Meet and Greet' served as a meaningful first step in building a strong and lasting school-family connection.

Anusandhaan 2025

Angela (CBSE Teacher)

Anusandhaan 2025 - held on Saturday, 31st May, at Vidyanjali Academy for Learning - was a vibrant and inspiring conference that brought educators together to explore the power of action research in transforming teaching. Organized by the school, under the guidance of Chairperson Dr

Shailaja Shastri, this teacher-led conference showcased data-informed, classroom-based innovations aimed at bridging learning gaps and improving student outcomes.

The event opened with a compelling keynote address by Dr Sherin P Antony, Head of the School of Psychological Sciences at Christ University, and was graced by educational leaders including Assistant Professor and Moderator of the event, Dr Prathibha M V, Director Dr. S. Rekha Reddy and Principal Mrs Vijayalakshmi N.

In her address, Dr Antony spoke about the importance of reflective practice and how teacher-led inquiry can lead to powerful shifts in education. The day was steered under the leadership of Academic Coordinator Mrs Suma Sunil Unki, who coordinated the entire event with dedication.

What made Anusandhaan 2025 stand out was the diversity of research papers presented. Teachers across departments shared practical, insightful



studies rooted in real classroom challenges. From the Montessori department, a study explored how prosocial training improved the emotional and social behaviour of preschoolers, resulting in more caring, cooperative classrooms. In the Lower Elementary section, educators highlighted how targeted strategies fostered respect and responsibility among Grade 3 students, leading to reduced incidents of bullying and enhanced peer relationships. Mathematics teachers showcased a structured approach to strengthening HCF and LCM skills through mastery of multiplication tables, boosting both confidence and problem-solving abilities.

The English and Counselling departments collaboratively developed a peer conflict resolution module for Grade 6 students, which significantly improved emotional regulation and interpersonal communication. Meanwhile, Social Science teachers focused on improving the ability of Grade 7 students to write long answers with clarity and structure, demonstrating marked academic improvement through guided mentoring. The Hindi team implemented methods to enhance pronunciation and spelling through focused practice of vowel marks, while Kannada teachers emphasized daily reading to correct pronunciation related to long vowels and nasal sounds. Both studies led to notable improvements in reading fluency and confidence.



In Science, a hands-on approach to ray diagrams helped learners grasp concepts of reflection and refraction more clearly. Another study examined the impact of absenteeism, revealing a strong link between regular attendance and academic success. The research emphasized the need for supportive systems like parent engagement and emotional counselling to curb absenteeism. Finally, a powerful study on life skills education showcased how structured sessions enhanced students' confidence, resilience, and real-life problem-solving abilities.

Each presentation was a reminder that small, consistent, research-driven efforts by teachers can lead to transformative outcomes. Anusandhaan 2025 highlighted the role of educators as change-makers and researchers, committed to improving student learning through thoughtful inquiry and innovation.

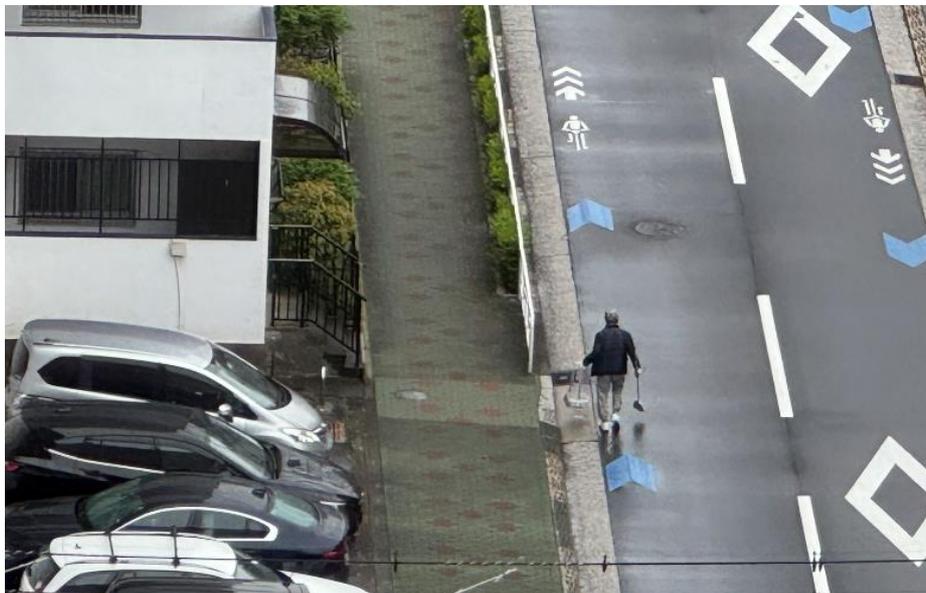


Lessons from Japan: Cleanliness and Courtesy

Dr S Rekha Reddy (Founder Director, Vidyanjali Academy for Learning)

In the first week of May, I had the opportunity to visit Japan with my family and friends. The trip was both enriching and eye-opening, especially in terms of the cultural practices I witnessed. While many aspects of Japan left a lasting impression on me, two stood out prominently – cleanliness and the practice of queuing. These are values I believe we can thoughtfully introduce at Vidyanjali.

Before visiting Japan, I assumed that cleanliness in public spaces required numerous dustbins. However, I was surprised to find that in Japan, dustbins are rare – yet the streets are spotless. This made me realize that cleanliness is not about convenience but mindfulness. People in Japan carry their trash with them, collecting it in personal bags and disposing of it responsibly at home or in designated areas.



Street sweepers in Japan don't need large carts. They use a simple long tong – about 50 cm in length – and a small bag to collect whatever little trash they find. That itself speaks volumes. The infrastructure supports this cleanliness: well-maintained planters, organized footpaths, effective drainage systems, and most importantly, a culture that respects shared spaces.

Equally admirable is the discipline the Japanese people show while queuing. Long queues are common, but they move swiftly and silently. What we often resist in India— standing in line—is embraced in Japan with dignity. There's no pushing, no jumping the line. Even when someone unfamiliar with the system makes a mistake, staff members gently and respectfully guide them. The essence of these experiences lies in the value system that prioritizes collective responsibility and mutual respect.



At Vidyanjali, we aim to imbibe these same values. Inspired by Japan, we are now piloting a new initiative. We plan to reduce the number of dustbins in the campus, instead creating designated waste zones. Students will be encouraged to take responsibility for their everyday waste—becoming more mindful and conscious of their surroundings.

From my first day in Japan to the last, what struck me most was the natural integration of cleanliness into daily life. It wasn't forced—it was simply who they are. If such values can become a way of life there, I believe they can take root here as well, starting with our students.