

# Vidyanjali's Bugle



## Principal's Note

*The best way to predict the future is to create it - Abraham Lincoln*

Vidyanjali empowers students with diverse skills for life's challenges. The Sexuality Education workshops taught personal hygiene and healthy relationships. Career guidance for X std students aimed to empower them to make informed decisions about their future educational pursuits and career paths. Kannada Rajyotsava, Deepavali and Kanaka Dasa Jayanthi celebrations enriched language appreciation and cultural understanding. Beyond the merriment on the Children's Day, a strong message resonated – character shapes young minds.

This issue also carries a few outstanding student articles that are delightful to read.

### 1

KANNADA  
RAJYOTSAVA  
KANAKA DASA  
JAYANTHI  
DEEPAVALI

### 2

CAREER GUIDANCE  
ORIENTATION AND  
COUNSELLING  
PARENT  
PRESENTATIONS  
CHILDRENS' DAY

### 3

COMMUNITY  
OUTREACH  
STUDENT  
WORKSHOPS &  
ARTICLES



## Editors

Ms Meena Reddy

Mrs Munawar

Mrs Smita

Ms Soyena

## Up-coming Events

- Annual Day
- Internship
- Christmas Celebration

## Kannada Rajyotsava

*Munawar (Montessori Teacher)*

Vidyanjali dedicated this year's Kannada Rajyotsava celebration to poet-philosophers. On October 31<sup>st</sup>, festivities unfolded at the Pre-Primary Montessori and Primary Montessori wings. Pre-primary 1<sup>st</sup>-year students explored Dr. Rajaratnam's life, joyfully singing his songs. 2<sup>nd</sup>-years enjoyed Karnataka's folk dance through PPTs & videos, while 3<sup>rd</sup>-years delved into Mysore, Bellary, Kodagu districts, and Karnataka's culinary and traditional highlights. CBSE and Primary Montessori Grade 1 students creatively drew and colored the Karnataka flag. Grade 2 & 3 sang G P Rajaratnam's poems, while CBSE Grade 2 & 3 sang patriotic songs.



On November 1, CBSE IV - X std celebrated Rajyotsava spectacularly. The poem "Hesaraayithu Karnataka" captivated the audience. Mr Nandesha captivated the audience with insights into the captivating world of Santha Shishunala Sharieff's poetry, followed by a mesmerizing invocation song and a warm welcome. Students recited verses of renowned Kannada philosophical poets. Insights into the

connection between poetry and philosophy were shared by the young CBSE students. A quiz session, cultural performances, traditional dances, and a Kannada Handwriting competition were conducted to celebrate the state's heritage. Guest of honor Dr Rekha Reddy and Principal Mrs Vijayalakshmi honored the winners.

## Deepavali

*Smita (CBSE Teacher)*

The festival of joy, lights and triumph of good over evil was celebrated in Vidyanjali on 10<sup>th</sup> November 2023. The Pre-primary Montessori 1<sup>st</sup>



and 2<sup>nd</sup> year children made ladoos with roasted peanuts, jaggery, and cashews. 3<sup>rd</sup>-year children crafted 'Thoran' with mango leaves and flowers.





Prep III children made paper lanterns, while Prep II children made rocket bookmarks.

I and II std CBSE engaged in creating paper diyas, paper lanterns, paper rockets & rocket bookmarks and painted diyas. The children listened to the story of Diwali, its significance, and safety measures for bursting crackers.

## Parent Presentations

*Munawar (Montessori Teacher)*

*Free the child's potential, and you will transform  
him into the world*

Parent presentations provide practical insights for parents to support Montessori principles at home and nurture a holistic approach to a child's development.



Pre-primary Montessori hosted presentations for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>-years on November 25, 2023. Presentations covered Oral Phonetical Analysis, Number rods, walking on a line, Pouring liquids, Geometrical solids, and Sandpaper Letters for 1<sup>st</sup>-years. 2<sup>nd</sup>-year parents delved into concepts such as Constructive triangles, Open sounds, Decimal part - addition, Ribbon frame,

Phonograms, Trinomial cube, Change game, and the Snake game. 3<sup>rd</sup> year parents were involved in presentations on Stamp game - Subtraction, Samyuthakshara, Adjectives, short bead frame - addition, and Homophones.



Parents realized that each presentation serves a specific purpose in the child's development. They discovered that Montessori presentations focus on purposeful activities to enhance a child's independence, social skills, and cognitive abilities.

## Career Guidance Orientation and Counselling

*Smita (CBSE Teacher)*

Parents of IX and X std students were orientated on Career Guidance on Nov. 21 to align their understanding with the diverse career landscape. The session informed parents about evolving career options, industry demands, and the need to support their child's interests. Parents engaged in the interaction and were overwhelmed with the multitude of career options that are available to children nowadays.

The counselling helped students choose the right career path based on their educational and

professional choices. It also helped students to understand their strengths, weaknesses, their interests and provided them with a clear picture of the career paths available to them.

Mr Shameer C.K. from Thrissur, Kerala, the speaker of the Orientation and Counsellor gave the parents and students a clear picture of how to make a shift from a general understanding of life and work to a more specific understanding of the realistic and practical career options that are available to them.



After the one-on-one counselling, nearly every parent went home satiated with the options that were presented to their children taking into account their abilities, talents and aptitudes.

## Children's Day

*Soyena (CBSE Teacher)*

Children's Day is a celebration dedicated to honor and cherish the well-being of children worldwide. The program started with an assembly by teachers taking different roles. Various events like dances, songs and skits were

performed by the teachers, both educational and entertaining which helped the school to promote children's rights and overall happiness.



The program started with a joyful invocation dance. This was followed by dance, drama singing and instrumental(ukelele) by all the teachers from different wings. The teachers made the songs interesting with costume changes between songs.



The highlight of the program was a Malayalam poem written by Driver Supervisor Mr Biju for the children. The Malayalam poem and the Kannada translation are both listed here for your reading pleasure.



### ವಾಕ್ ಆಠಾನ್ ಸತೃಂ

ಆಕೃರಂ ಪರಿಕಣಂ ಪರಿಚ್ಛು ನಢುಲ ನೇಢಢಂ  
ಸತೃಯಠಢ ಘೋಢಢುಠಠ ಪುಠರಾಯಿ ಢಾಠಢಂ

ಆಠಿವ್ ತೇಢಿ ಆಠಲಯಢಂ ಆಠಿಢಠು ನಢುಲ ನೇಢಢಂ  
ಆಕೃರಢುಲ ಂಢುಂ ನಢುಲ ಢಢಠಿಢೇಢ್ ಡೇಠಕಢಢಂ

ಆಚ್ಛುಢಾಢ್ ಆಢಢಯಾಢ್ ಡೇಠವಢಾಢ್ ಆಕೃರಂ  
ಆಠ್ ಡೇಠಢಠಾಢ್ ಂಠು ವಾಕುಕುಲ ಆಠಾಢ್ ವಾಕ್ ಆಠತೇಠಕಢಢಂ(2)

ವಾಕಢಿಢಾಲ್ ಡೇಠಢುಢಿಠ್ಠಕುಂ ಢಾಢಸಢಿಢಢ ಢೇಠಕಢಢಂ  
ವಾಕಢಿಢಾಠ್ ಢುಢಿಠ್ಠಢುಂ ಢಾಢಸಢಠ್ ಓಠಕಢಢಂ

ಆಠಿಢಠು ನಢುಲ ಪಠಯಢಂ ಆಠಿಢಠ್ ನಢುಲ ಕಠುಠಢಂ  
ವಾಕಢಿಢಾಠ್ ಢಯಿಠಢಢಂ ವಕಢಿಢಾಠ್ ಪೂಠುಠಢಢಂ  
ವಾಕಢಿಠ್ ಂಠುಢಿ ಢಿಠ್ಠಢಢಢಂ ವಾಕಢಿಢುಢ್ಠ್ ಠಕಠಿಯುಂ

ಆಠಢಿಪೂಠ್ ಂಲಲಿಠಢಢಂ ಢೀಠು ಪೂಠ್ ಠಢುಕಢಢಢಂ  
ಆಠಯುಢಂ ಪೂಠ್ ಢುಠ್ಠಯುಠಠಠಾಕಢಢಢಂ ವಾಕುಕುಲ

ಢುಲೃಢುಠಠ ಢಿಢಿ ಕಢಠಕ್ ವಾಕಢಿಢಢ ಕಠುಠಢಢಂ  
ವಾಕುಠಢಢಢ ಯಠಢಢುಂ ವಾಕುಠಢಢಢ ಸತೃವುಂ

ವಾಕ್ ಆಠಾಢ್ ಸತೃವುಂ, ವಾಕ್ ಆಠಾಢ್ ಸತೃವುಂ



ಅಕ್ಷರಠ್ಠ ಪಠೆಯಿರಿ ಪಠೆಢು ವಿದ್ಯೆ ಸಾಧಿಸಿ  
ಸತ್ಯ ಧರ್ಮ ಖೋಠವುಳ್ಳ ಪುಠರಾಢಿ ಖೆಲೆಯಿರಿ  
ಅರಿವು ಹರಸಿ ಅಲೆಢು ಅಲೆಢು ಅರಿವಢಢುಢಾಢಿಸಿ,  
ಎಢೆಯ ಒಲಗೆ ಢಾಸಢಢಂತೆ ಅಕ್ಷರಠ್ಠ ಢೂಠಿಸಿ  
ತಢೆಯಂತೆ ತಾಯಿಯಂತೆ ಢ್ಯವಢಢಂತೆ ಅಕ್ಷರ  
ಢಢು ಢಾಠು ಹೀಗೆ ಸುಲೆಯ ಅಢೇ ಢಢು ಸಾಕ್ಷರ(2)  
ಢಾಠಿಢಢಂತೆ ಢಢಸು ಎಢಬ ಸತ್ಯವಢಢು ಅರಿಯುವ  
ಢಾಠಿಢಢಂತೆ ಹ್ಯಢಯ ಬಠಿತ ಇಢಢೆ ಅರಿಠು ಹೇಲುವ  
ಇಢಢೆ ಢಾವು ಹೇಲುವ ಅರಿಠು ಢಾಠಾಠುವ  
ಃ ಢಾಠಢು ಪಾಲಿಸಿ ಇಢಕ ಹೋಠಾಠುವ.  
ಃ ವಾಕ್ಯಢಿ ಢಿಲ್ಲವ ಃ ಢಾಠಲೆ ಶಕ್ತಿಯು.  
ಖೆಂಕಿಯಂತೆ ಜ್ವಲಿಸಲಿ ಢೀರಿಢಢಂತೆ ತಢಿಯಲಿ  
ಹರಿತವಾಢ ಅಸ್ತಢಢಂತೆ ವಾಕ್ಯ ಬಲಕೆಯಾಢಿಲಿ  
ಢುಲೃವಾಢ ಢಿಢಿಯುಠಾಢೆ ವಾಕ್ಯವೆಂಬ ಸತ್ಯವು  
ವಾಕ್ಯ ಢಢು ಧರ್ಮವು ವಾಕ್ಯಢಲೆ ಸತ್ಯವು  
ವಾಕ್ಯಢಲೆ ಸತ್ಯವು, ವಾಕ್ಯಢಲೆ ಸತ್ಯವು

All teachers performed the activities to their best and were appreciated for their efforts.

Children from Montessori to III std CBSE were given cupcakes and biscuits on the previous day. Games of Musical chairs and passing the ball were conducted, and snacks were provided to children. Traditional games like "Rato Rato" and "Hopscotch" were played.

Children from IV std onwards were served samosas and a packet of juice. The day served as a reminder to prioritize the well-being and future of our younger generation, recognizing them as the foundation of a brighter future ahead.

## Community Outreach

*Smita (CBSE Teacher)*

When Bangalore Baptist Hospital requested the school band students for their staff sports event Vidyanjali gladly obliged to provide students an opportunity to reach out and be a part of their community.



The students took the opportunity to showcase their discipline and talent filling in the need from the community at the event conducted on Thursday, 16<sup>th</sup> Nov. 2023 from 1.00 pm to 3.00pm. The students' efforts were much appreciated.

## Kanaka Dasa Jayanthi

*Munawar (Montessori Teacher)*

Students from CBSE IV to X std paid homage to the 15<sup>th</sup>-century Saint and social reformer, Shri Kanaka Dasa in an assembly celebration. There was a thoughtful reflection, and a pledge highlighting Kanaka Dasa's impactful life.



The students of IV std performed an engaging skit, vividly portraying the life of Kanaka Dasa. A comprehensive overview of Kanaka Dasa's life history, shedding light on his birth, parents, and significant roles as a Haridasa, renowned composer, poet, musician, and philosopher in the 15<sup>th</sup> century was provided. Kanaka Dasa's legacy in Carnatic music, particularly his famous



Keertanas and Upabhoga, was emphasized, showcasing his mastery of using simple Kannada language for his compositions. The event conveyed the enduring relevance of Kanaka Dasa's principles and teachings, advocating that they should be embraced by everyone.

## Student Workshop on Sexuality

*Munawar (Montessori Teacher)*

Vidyanjali hosted the transformative workshops, 'Growing Up Strong and Navigating Puberty with Confidence' for V and VI std on Sept. 25 and VII to X std on Nov. 25.



Adolescent health experts Dr Preeti Galagali and Dr Sushma Sanjay adeptly guided the first set of students through puberty's intricacies—covering physical changes, hygiene, and

emotional aspects to foster positive body image and self-esteem.

For the higher classes, Dr Preeti delved into essential concepts, covering Sexuality Education, the Sexuality Wheel, hygiene practices, the impact of pornography, and the significance of healthy relationships. Boys gained insights into self-examination, managing wet dreams, and respecting personal boundaries.

Addressing the girls, the resource person illuminated adolescence as a pivotal phase in physical and psychological development. The workshop meticulously navigated topics like maintaining menstrual hygiene, offering care tips, discussing Polycystic Ovarian Syndrome, and exploring stress management along with balanced diets. Girls gained crucial knowledge, fostering a holistic understanding of their well-being during adolescence.

This workshop provided awareness of their changing bodies, valuable life skills, and a profound sense of confidence.

## Students' Articles

Dive into the realm of young imagination with our students' poems and stories on "Sleuths and Mysteries." Uncover hidden enigmas, where every word is a clue and every page a journey of discovery.

## The Black Petunia

*Khushi Tanishka K (IX std)*

Oh, how I long for life,  
 Thrive and thrive through the fire  
 Dancing under the pale moonlight  
 But alas I have nothing but blight  
 I look at the others dancing in the wind  
 Under the sunlight  
 Shining bright  
 Filled with glee like Daphne but me?  
 I'm just debris  
 I looked up into the sky and asked the one above  
 Oh why do I long for something which isn't mine?  
 Oh the grieving heart sails an uncharted sea  
 In an endless night as it survives the mighty waves  
 When time has lost its track and route  
 We find out,  
 Nothing is stronger than the humble human heart  
 Which shatters over and over and  
 Still lives  
 Don't cry for it has long gone in the land far beyond  
 There is no pain, there is no fear  
 So tell it to dry away that silent tear  
 You cannot turn the tide  
 This relentless tug and pull  
 Cannot be stopped  
 By you nor me



## The Lost Book

*M Sharan Krishna (IV B std)*

Book book book,  
 Where do I look?  
 You seem to be lost!  
 My head starts to frost!

Book, book, book,  
 In fear I shook,  
 Let's take a look  
 To find my book

Book, book, book,  
 Who took my book?  
 I feel so angry  
 Because I'm very hungry

Book, book, book,  
 Oh, my book!  
 Now you tell me how do I cook?  
 Because you're my recipe book.



## The Haunted Castle in Dream Palace

*Joshitha B (V B)*

Once upon a time, there lived a beggar. He always used to beg for food and money. One day, while walking on a lonely path he saw a castle in the distance.

He did not know that it was haunted. He packed his belongings and moved towards it. As he moved closer and closer, he saw a dream palace.



The whole haunted castle became a dream palace. He said 'Wow!' and noticed that he was dressed like a king, and he saw a palace of his own.



Every day he came out of the dream palace, bought some things to decorate the palace, and went back. People started doubting him because he was becoming rich day by day. As he became rich, he started being greedy toward poor people.

The ghost of the castle decided to teach him a lesson. It took the form of a poor beggar and went to him for money. But the man sent her away. Then the ghost revealed her true form. He was shocked. The ghost made him poor AGAIN.

**Moral:** Never be greedy. Be happy with what you get.

## The Scary Night

Monith S H (V A)

My family had just moved into this mansion built in the 1800's. It was beautiful inside and out. At first, things seemed normal, but strange occurrences began to happen. For example, doors creaked open, unexplained footsteps echoed, and objects moved on their own. One night, my sister woke up, claiming to have seen a shadow at the foot of her bed. As weeks passed, the haunting escalated. We heard eerie voices and felt cold spots throughout the house. My mom captured ghostly orbs of light in photographs. The paranormal activity became undeniable. A paranormal investigator confirmed the presence of spirits, including that of a young girl who once lived there. We learned about a tragic accident that claimed her life. Eventually, we embraced the spirits as benevolent cohabitants.



While unsettling, our ghostly encounter taught us to acknowledge the unseen and accept that there might be more to the afterlife than we understand.